Excitation-Inhibition Balance and Fronto-Limbic Connectivity Drive TMS Treatment Outcomes in Refractory Depression

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37 ABSTRACT

38 Depression affects over 350 million people worldwide, with treatment resistance occurring in up to 30% of 39 cases. Intermittent theta burst stimulation (iTBS) targeting the left dorsolateral prefrontal cortex (DLPFC) 40 has emerged as a promising intervention, yet the neurophysiological mechanisms determining which 41 patients will respond remain poorly understood. Here, we combined transcranial magnetic stimulation with 42 electroencephalography and whole-brain computational modeling to uncover the mechanistic basis of 43 treatment efficacy in 90 patients with treatment-resistant depression. We identified two distinct 44 neurophysiological signatures that differentiate responders from non-responders: (1) post-treatment shifts 45 in excitation-inhibition balance toward greater inhibitory control, and (2) a pre-treatment brain state 46 characterized by anticorrelated dynamics between subgenual anterior cingulate cortex and DLPFC. These 47 features were significantly correlated with clinical improvement and could not be explained by non-specific 48 factors. Our findings provide a neurophysiologically-informed framework for developing personalized and 49 optimized neuromodulation approaches in treatment-resistant depression.

50 MAIN

51 Major depressive disorder (MDD) has a lifetime prevalence of approximately 20% in the US and affects 52 over 350 million people worldwide, making it one of the leading contributors to disability¹. Despite various available treatments, only about 30% of patients achieve remission with first-line therapies², and many 53 54 develop treatment-resistant depression-a condition where patients fail to respond to multiple medication 55 trials and face increasingly limited therapeutic options. Repetitive transcranial magnetic stimulation (rTMS) 56 has emerged as a promising intervention for these patients with TRD³⁻⁵, offering an alternative where 57 conventional pharmacotherapy has failed. 58 Intermittent theta burst stimulation (iTBS), an FDA-approved rTMS protocol that couples slow theta-59 frequency carrier waves with brief gamma-frequency bursts, has garnered particular attention for its

60 enhanced neurophysiological effects and treatment efficiency compared to conventional rTMS⁶. iTBS 61 delivered to the left dorsolateral prefrontal cortex (L-DLPFC) has demonstrated promising response and 62 remission rates in TRD⁷. Yet despite these advances, treatment outcomes remain highly variable, with 63 response rates typically ranging from 29% to 46%^{8,9}. This variability in treatment response presents a 64 significant clinical challenge, and underscores a fundamental gap in our understanding of depression 65 pathophysiology and neuromodulation mechanisms.

66 To address this clinical variability and advance therapeutic outcomes, we must bridge the gap between basic 67 neuroscience and clinical application. Specifically, two critical questions emerge that lie at the intersection 68 of basic neuroscience and clinical psychiatry: i) What are the factors that determine whether a given 69 administration of iTBS therapy will effectively engage the neural circuit and neuroplasticity-related 70 mechanisms that ultimately lead to alleviation of depressive symptoms in a given patient? ii) What 71 neurophysiological markers can be used in the clinic to reliably distinguish between potential responders 72 and non-responders before treatment begins, and what can we say about the neural circuitry underlying 73 these markers? Answering these could transform the field of TRD neuromodulation therapy design, moving 74 away from its current paradigm of trial-and-error discovery science, and moving toward a more effective 75 precision medicine model, where interventions are tailored to the specific individual features of the patient's 76 own neuroanatomy and neurophysiology. Multiple neuroimaging approaches have sought to answer these 77 two questions over the past 20 years, within which TMS-EEG stands out as the most powerful tool available 78 for flexibly studying the neural mechanisms underlying iTBS treatment effects. By combining TMS with 79 EEG, researchers can measure cortical excitability and plasticity through both stimulation-evoked 80 responses and stimulation-induced oscillatory activity. This approach has identified neurophysiological markers that differentiate responders from non-responders across various TMS protocols¹⁰⁻¹³, with 81 82 particular emphasis on treatment-related changes in low-frequency oscillations, that may reflect 83 fundamental alterations in cortical circuit properties. Specific components of the TMS-evoked potential

84 (TEP) and induced oscillatory activity serve as indirect proxies of cortical excitation-inhibition (E/I) balance^{14,15}, which appears disrupted in MDD¹⁶. Indeed, Voineskos et al.¹⁷ demonstrated significant deficits 85 86 in GABA-mediated cortical inhibition in patients with MDD compared to healthy controls, aligning with broader evidence of altered GABA and glutamate levels across multiple brain regions in depression^{18–20}. 87 88 Notably, better clinical outcomes have been associated with specific pre-treatment TMS-EEG markers, 89 including a more negative N45 waveform, and a smaller P60 amplitude²¹, potentially reflecting enhanced 90 GABAergic inhibition and reduced glutamatergic excitation, respectively. 91 Complementing these electrophysiological findings, functional magnetic resonance imaging (fMRI) studies

have revealed that stronger negative functional connectivity between the DLPFC stimulation site and
 subgenual anterior cingulate cortex (sgACC) at baseline predicts better treatment outcomes^{22–25}. This latter
 finding highlights the importance of fronto-limbic circuit dynamics in determining treatment response,
 suggesting that rTMS may achieve its therapeutic effects by modulating communication between these key

96 regions.

97 Despite these promising leads however, the field of therapeutic TMS does face significant challenges. 98 Results show high inter- and intra-subject variability, findings across studies often appear contradictory, 99 and the precise mechanisms linking observed neural responses to clinical outcomes remain elusive. This 100 knowledge gap severely hampers efforts to optimize and personalize TMS treatments. Neuroimaging and 101 human neurophysiology techniques for measuring and monitoring brain activity, while valuable, allow only 102 indirect inferences about underlying neural mechanisms, and carry a host of limitations such as low signal-103 to-noise ratios, limited spatial resolution, and challenges in accurate measurement^{26,27}. What is critically 104 needed is an integrative mechanistic framework that can bridge between measurable brain signals and the 105 underlying neural circuit dynamics that determine treatment response. Whole-Brain Modeling (WBM) -106 the sub-field of computational neuroscience concerned with the theoretical principles and numerical 107 simulation of large-scale brain network dynamics - offers just such a framework. WBMs can provide a 108 robust, flexible approach for testing mechanistic hypotheses about how iTBS modulates neural circuit dynamics to achieve the rapeutic effects 28,29 . This approach has already demonstrated value in understanding 109 110 the pathophysiology of various conditions^{30–34}.

In this study, we combined longitudinal TMS-EEG measurements with WBM to investigate the neurophysiological mechanisms underlying treatment response in TRD. Our integrated approach revealed two key findings: First, successful iTBS treatment was characterized by specific reductions in lowfrequency (3–10 Hz) oscillatory power. Computational modeling indicated that these power changes reflected shifts in E/I balance toward greater inhibitory control, resulting from reduced excitatory drive to cortical pyramidal cell populations. Second, a specific spatiotemporal activity pattern observed in pretreatment TMS-EEG, characterized by an anti-phase (negatively correlated) relationship between left

- 118 DLPFC and sgACC, was found to predict clinical outcomes consistent with fMRI studies of fronto-limbic
- 119 connectivity in TRD^{22-24} . Together, these findings provide a neurophysiologically-grounded framework
- 120 linking treatment efficacy to fundamental changes in cortical dynamics, pointing toward novel approaches
- 121 for personalizing neuromodulation therapies in TRD.

122 **RESULTS**

123 Higher inhibition in responders following iTBS

124 We first examined the differential impact of iTBS on the induced oscillatory activity of stimulus-related 125 brain dynamics. To do this, we compared TMS-EEG time-frequency activity between responders and non-126 responders. As shown in Fig. 1A, we compared the post-iTBS minus pre-iTBS induced power difference 127 between responders and non-responders. While both groups showed decreases in induced power following 128 iTBS, responders exhibited significantly greater reduction in the 3-10 Hz range compared to non-129 responders. This differential spectral power response was statistically significant (1,000 permutations, all 130 clusters p < 0.05, corrected). The significant cluster spanned the 3-10 Hz frequency range and was most 131 pronounced between 50-200ms post-stimulus, indicating a distinct neurophysiological response pattern in 132 participants who responded to the iTBS intervention versus those who did not. Transient differences in 133 gamma-band activity (30-50 Hz) were also observed, but these effects did not survive cluster-based 134 permutation testing. To better understand the circuit mechanisms underlying this low-frequency TEP 135 suppression effect, we next turned to the WBM approach outlined above (see also Fig. 5) - first with datadriven physiological parameters estimated from model fits to TEP waveform data, followed by some novel 136 137 exploratory numerical simulations.

Our model of neurostimulation-evoked brain dynamics^{35,36} is a connectome-based extension of the classic Jansen-Rit (JR) neural mass model^{37–39}. In JR, shifts in the excitatory/inhibitory (E/I) balance can occur through complementary synaptic mechanisms: decreased pyramidal drive to excitatory cells (reduced $P \rightarrow E$; c1) and enhanced inhibitory feedback (increased I $\rightarrow P$; c4). Both mechanisms functionally shift the circuit toward greater inhibitory influence, though through distinct synaptic pathways. Throughout the following, for the sake of clarity we refer to both of these related changes as shifts toward inhibition.

Looking at the model parameter estimates in relation to the TEP waveform properties: a significant positive
correlation was found between changes (post-iTBS minus pre-iTBS) in the excitatory feedback loop

146 strength (expressed as $P \rightarrow E$ cell connection strength, c1) and the z-score differences in 3–10 Hz power

between post-iTBS and pre-iTBS observed in responders (Fig. 1B; r = 0.56, p < 0.001). This correlation

148 indicates that a greater reduction in low-frequency power, as observed in responders to iTBS treatment (Fig.

149 1A), is associated with reduced excitatory feedback after treatment. This result suggests that the plasticity-

150 inducing effects of iTBS may decrease excitatory feedback mechanisms, leading to the observed

151 diminishment in low-frequency oscillatory responses.

To further explore the mechanistic role of increased inhibition, we simulated the effects of reducing the P \rightarrow E cell connection strength by 10%, 30%, and 50% of the original value across all participants. For illustration, Fig. 1C presents results of this simulation on the time-domain TEP waveforms for the participant with the highest Hamilton Depression Rating Scale (HDRS) score⁴⁰, representing more severe

156 MDD. This simulation, which shifted the circuit balance toward inhibition by decreasing the $P\rightarrow E$ 157 connection strength, resulted in a marked reduction in the TEP amplitude, particularly in the late 158 components. The impact of enhanced inhibitory signaling appears to attenuate TEP responses in patterns 159 consistent with those observed in clinical responders.

Corresponding analyses in the time-frequency domain are shown in Fig. 1D, where we compared simulated
 TMS-EEG data with baseline (0% increase) and enhanced (50% increase) levels of inhibition. Similar to
 the empirical findings in responders (Fig. 1A), simulations showed a reduction in low-frequency power

- 163 when inhibition was elevated, aligning with the 3–10 Hz power reduction observed in Panel A.
- Finally, we examined the Global Mean Field Amplitude (GMFA)⁴¹ across empirical and simulated conditions (Fig. 1E). In the empirical data, responders showed a decrease in GMFA post-iTBS in the late component of the evoked response (solid line) compared to the pre-iTBS baseline (dashed line), replicating our previous result with this dataset⁴². Simulations with incremental inhibition showed a similar trend, where increasing inhibition progressively reduced the GMFA, particularly in the late component for responders. These converging lines of evidence further strengthen the relationship between iTBS-induced inhibitory modulation and treatment response⁴³.





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173Fig. 1. iTBS therapy suppresses TEP low-frequency oscillatory power by modulating the level of inhibition. (A)174Induced time-frequency spectral response difference between responders and non-responders, showing significantly175lower power in the 3–10 Hz range in responders relative to non-responders. (B) Significant correlation (r = 0.56, p <</td>1760.001) between post-iTBS vs pre-iTBS changes in the P \rightarrow E synaptic weights) and in the significant cluster regions177identified in Panel A. (C) Simulated effects of shifting E/I balance toward inhibition (via decreased P \rightarrow E) for the178participant with the highest Hamilton Depression Rating Scale score (indicating more severe MDD). This simulation

reveals a notable reduction in TEP amplitude, especially in the late components, with increasing inhibition. (**D**) Grouplevel induced time-frequency spectral comparison between the original (0% increased inhibition) and a 50% inhibition-increased simulation, demonstrating a similar low-frequency reduction as observed in empirical data in Panel A. (**E**) GMFA for empirical data, with pre (dashed) vs. post (solid) responses shown for responders (top). GMFA across simulations with incremental inhibition (bottom) reveals a similar trend where increased inhibition is associated with a decrease in the late component amplitude for responders.

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187 Responder-specific elevated inhibition after iTBS treatment

To examine differential neural responses to iTBS, we analyzed changes in JR model parameters between responders and non-responders. The 2×2 repeated measures Analysis of Variance (ANOVA) for inhibitoryto-pyramidal (I \rightarrow P; c4) synaptic weights revealed a significant interaction time*group (F(1,86) = 29.11, p

- 191 < 0.001) and a significant main effect of group (F(1,86) = 76.86, p < 0.001). Post-hoc tests showed no pre-
- 192 iTBS differences (t = -1.21; p = 0.23) but significant post-iTBS differences between groups (t = -2.598;
- 193 p=0.0147), with responders exhibiting greater $I \rightarrow P$ weights (Fig. 2A). As $I \rightarrow P$ was the only parameter
- 194 showing significant group effects, we further explored its predictive value by correlating pre-iTBS $I \rightarrow P$
- 195 weights with post-treatment HDRS scores. This analysis revealed a significant negative correlation (r = -
- 196 0.56, p < 0.0001), indicating that higher inhibitory feedback pre-treatment predicted greater symptom
- 197 improvement among responders (Fig. 2B).
- **198** For E/I balance, the ANOVA also revealed a significant group*time interaction (F(1,86) = 38.29, p < 0.001)
- and main effect of group (F(1,86) = 59.21, p < 0.001). While pre-iTBS E/I balance showed no between-
- group differences (t = 0.82, p = 0.19), post-iTBS measures differed significantly (t = 10.088, p<0.001). This
- 201 shift suggests that iTBS selectively modulated inhibitory mechanisms in responders, while non-responders
- showed no significant E/I balance changes (Fig. 2C). These findings align with literature suggesting
- 203 increased inhibitory tone may benefit treatment outcomes in responders 10,44 .
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Fig. 2. iTBS therapy modifies inhibitory feedback in cortical circuits differently in responders and nonresponders. (A) Strength of the inhibitory feedback loop for responders (green) and non-responders (yellow) post-

208 iTBS therapy, as given by per-group distributions of estimated Inhibitory interneuron (I) to Pyramidal cell (P) 209 population synaptic weights $(I \rightarrow P)$. Vertical dashed line indicates the average pre-iTBS value of this parameter, 210 showing that both responders and non-responders had the same starting value before treatment. Post-iTBS therapy, 211 responders exhibit an increase in inhibitory feedback, while non-responders show the opposite effect. (B) Pre-iTBS 212 $I \rightarrow P$ synaptic weights demonstrate a significant negative correlation with post-treatment depression severity (HDRS 213 scores) exclusively in responders (r = -0.56, p < 0.0001). This relationship indicates that patients with higher inhibitory 214 feedback prior to treatment experienced greater symptom reduction, suggesting that iTBS may exert its therapeutic 215 effects by enhancing inhibitory mechanisms within local neural circuits (C) Ratios of excitatory to inhibitory (E/I) 216 synaptic weights across responders (green) and non-responders (yellow), both before (dashed) and after (dotted) iTBS 217 therapy. A significant increase in inhibition is observed in responders only following the treatment.

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219 Subgenual-prefrontal interaction predicts the efficacy of iTBS therapy

Our results reported thus far point to modulation of inhibition, of E/I ratios, and of low-frequency TMSinduced oscillatory power as signatures of successful rTMS therapy for TRD, One limitation of these findings however is that they both represent fairly global and spatially non-specific markers of both brain activity (GMFA) and brain circuit physiology ($P \rightarrow E$, $I \rightarrow P$). Next, we explored whether our patientpersonalized WBMs of TMS-evoked brain dynamics contained meaningful spatiotemporal patterns of neural activity, and whether these showed any relationship to clinical improvement.

- 226 Mean-centered Partial Least Squares (PLS) analysis on the model's pre-treatment neural population time
- series identified a significant brain state (Fig. 3A) that maximally differentiates between responders and non-responders (p=0.001). Interestingly, within this brain state, the eigenvector values extracted from the
- non-responders (p=0.001). Interestingly, within this brain state, the eigenvector values extracted from the
 left DLPFC (the area stimulated during iTBS) and left sgACC (a deeper mesocortical limbic system region
- strongly implicated in MDD pathophysiology) exhibited opposite signs, as indicated by their respectively
- red and blue colours in Fig. 3A/B. The opposite-polarity loadings of DLPFC and sgACC on this treatment-
- related eigenvector align with the extensive prior fMRI literature reporting that the strength of (resting-state
- BOLD time series) anti-correlations between sgACC and DLPFC rTMS target location predicts therapeutic
- 234 $outcomes^{22-24,45}$.

Having identified this TEP model-based brain state signature as showing sensitivity to treatment efficacy,
we next asked whether it was expressed differentially in different outcome-defined patient groups in their

237 baseline, pre-treatment brain activity. This was indeed found to be the case (Fig. 3B), with responders

showing a negative relationship between sgACC and DLPFC in their brain state loadings at baseline,

whereas non-responders did not exhibit this pattern.

240 Further investigation of the temporal dynamics of sgACC activation revealed distinct patterns between

responders and non-responders (Fig. 3C). Time course analysis demonstrated significantly higher sgACC
 engagement patterns in responders (green) compared to non-responders (orange) following pre-iTBS

- 243 baseline stimulation. These temporal differences in sgACC recruitment suggest fundamental differences in
- 244 cortico-limbic circuit dynamics that may underlie treatment susceptibility.

245 To quantify the difference in sgACC engagement more precisely, we conducted Area Under the Curve 246 (AUC) analysis of sgACC activation across the entire cohort (Fig. 3D). This analysis revealed significantly 247 higher normalized engagement in responders compared to non-responders (p<0.001), with responders 248 showing a mean normalized AUC of 35.6 ± 4.2 compared to 21.8 ± 3.8 in non-responders. The clear 249 separation between the groups in pre-treatment sgACC activity supports its potential value as a predictive 250 biomarker for iTBS treatment outcomes in depression. This finding aligns with the growing evidence that 251 baseline neurophysiological states, particularly involving sgACC connectivity, may determine therapeutic 252 responsiveness to neuromodulation interventions²³.

- 253 Pre-treatment values of this prefrontal-subgenual corticolimbic circuit could, for example, provide a novel
- biomarker for predicting treatment outcomes.
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Fig. 3. Neural Signatures Predict Clinical Response to iTBS Treatment for Depression. (A) Brain state that
 maximizes the difference between responders and non-responders following iTBS treatment. Lateral and medial views
 highlight the dlPFC and sgACC regions showing opposite eigenvector loading directions. (B) Ratio of sgACC/DLPFC
 loadings within the brain state maps in A) for responders (green) and non-responders (yellow), showing a negative

relationship for responders only. (C) Normalized sgACC activation measured by GMFA at pre-iTBS baseline for
 responders (green) and non-responders (yellow). Time courses demonstrate higher sgACC engagement patterns for
 responders. (D) AUC analysis of sgACC activation for the entire cohort, demonstrating significantly higher
 normalized engagement in responders compared to non-responders (p<0.001), suggesting pre-treatment sgACC
 activity may serve as a predictive biomarker.

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268 Greater trajectory deviation and increased stability in neural dynamics of iTBS responders

269 One of the advantages of our WBM-based approach to analyzing TMS-EEG data is that it allows us to 270 interpret TMS-evoked potentials both in their conventional time-series representation and as geometric 271 trajectories within the system's phase space (Fig. 4A). The latter allows certain dynamical features such as 272 attractor manifolds and recurrent trajectories to be visualized and characterized. We quantified the iTBS 273 treatment-induced modifications to this attractor landscape by computing point-wise Euclidean distances 274 in the treatment-predictive brain state between post-iTBS and pre-iTBS trajectories for responders and non-275 responders (Fig. 4B). A group comparison using non-parametric permutation testing (10,000 iterations) 276 revealed that responders exhibited significantly greater trajectory deviation following iTBS compared to 277 non-responders (t = 3.24, p < 0.01), indicating a more substantial shift in the underlying dynamical regime 278 induced by the intervention. We also examined the distance of each group's post-iTBS trajectory from the 279 stable fixed point of the system (Fig. 4C). Responders remained significantly closer to the attractor (t =280 2.18, p < 0.05), suggesting increased stability and reduced susceptibility to external perturbations, such as 281 TMS pulses. Together, these results provide evidence that iTBS induces a meaningful reconfiguration of 282 brain state dynamics in responders, characterized by both greater reorganization (Fig. 4B) and increased 283 attractor convergence (Fig. 4C). For dynamic visualizations of the state-space trajectories, see 284 supplementary videos V1 and V2.



286 Fig. 4. iTBS selectively reorganizes attractor dynamics in treatment-responsive individuals. (A) Three-287 dimensional neural trajectories of the treatment-predictive brain state (as identified in Fig. 3 for responders (green) 288 and non-responders (vellow), shown pre-iTBS (left) and post-iTBS (right). Pre-treatment, both groups exhibit similar 289 trajectories, remaining near the stable fixed point (black dot). Post-treatment, responders show a marked trajectory 290 contraction and reduced deviation from the fixed point, suggesting greater stability and reduced sensitivity to external 291 stimuli (e.g., TMS). (B) Point-wise Euclidean distances between post-iTBS and pre-iTBS trajectories. Responders 292 display significantly greater trajectory shifts, indicating a more substantial reconfiguration of the treatment-predictive 293 brain state following iTBS. (C) Point-wise Euclidean distance from the stable fixed point in the post-iTBS condition. 294 Responders remain consistently closer to the fixed point, suggesting reduced susceptibility to external perturbation 295 and enhanced attractor stability compared to non-responders.

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296 DISCUSSION

297 Our investigation offers several novel insights into the fundamental neurophysiological mechanisms 298 underlying successful iTBS therapy in treatment-resistant depression, arrived at through a novel computational framework for personalized brain network modeling and neuroimaging data analysis^{35,36}. In 299 300 particular, the integration of empirical TMS-EEG measurements from a target clinical population with 301 connectome-based WBM promises to become a powerful combination for studying how neuromodulation 302 reconfigures neural circuits to alleviate depressive symptoms. This approach has allowed us to combine, in 303 a unified picture, conventional ERP component-focused TMS-EEG analyses, anti-correlated frontolimbic 304 brain networks, iTBS plasticity-modulated changes to excitation/inhibition balance, and dynamical systems 305 perspectives on how this modulation alters the brain's attractor landscape.

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307 Spectral markers of iTBS efficacy

308 Our spectral analysis on empirical data suggests that iTBS-induced inhibition plays a key role in modulating 309 TMS-induced low-frequency power, as demonstrated by the greater reduction in average 3–10 Hz spectral power in responders compared to non-responders, highlighting this enhanced suppression of theta/alpha 310 311 activity as the key neurophysiological signature of successful iTBS intervention. Interestingly, this 312 observed effect on empirical data was related to specific changes in synaptic connectivity within our model. 313 The reduction in pyramidal drive to excitatory cells represents a mechanism that shifts the overall E/I 314 balance toward a state of enhanced inhibitory control. This integrated perspective helps reconcile our 315 findings with both the broader literature on GABA-mediated inhibition in depression and the specific 316 synaptic changes observed in our computational model. Indeed, previous research has shown that increased 317 inhibitory control can reduce low-frequency oscillations, a response also noted in animal studies using optogenetic and pharmacological interventions to enhance inhibitory activity^{46,47}. In clinical TMS contexts, 318 319 lower low-frequency power has been linked to treatment efficacy across subjects^{48,49}, suggesting that 320 enhanced inhibition may signal a positive response to iTBS. In addition, our simulations demonstrate that 321 increasing inhibition (by reducing $P \rightarrow E$ connectivity) leads to a marked reduction in low-frequency power, 322 aligning with empirical data and suggesting a mechanistic link between heightened inhibition and observed 323 spectral reductions in severe MDD cases. This finding is consistent with previous modeling studies showing that oriens-lacunosum moleculare (O-LM) cells⁵⁰, key inhibitory interneurons in the hippocampus, adjust 324 325 their inhibitory response to different frequencies depending on channel types: cells with hyperpolarization-326 activated cyclic nucleotide-gated (HCN) channels, which play essential roles in regulating cell excitability, 327 are more responsive at higher theta frequencies (4-9 Hz), whereas cells lacking these channels respond 328 more at lower theta (2–5 Hz)⁵¹. Computational models further support these findings, demonstrating that

increased inhibition can reduce low-frequency spectral power, mimicking the patterns observed in our
 responders⁵².

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332 Enhanced inhibitory plasticity tracks clinical improvement

333 In addition to empirical data features, identifying specific biomarkers predicting the likelihood of higher or 334 lower responsiveness to a given treatment or therapy is a key goal in WBM of non-invasive brain 335 stimulation^{29,53,54}. We have found, in a data-driven fashion, a significant negative linear relationship 336 between the inhibitory feedback loop before the iTBS protocol and the clinical scores after the treatments 337 for responders. Interestingly, when examining the pre- versus post-iTBS distribution of the inhibitory 338 feedback loop, it was observed that the parameters increased in responders post-treatment and decreased in 339 non-responders. Consistent with this, we also observed a post-iTBS treatment increase in inhibitory activity 340 for responders only, as indicated by the shift in their E/I balance. These findings are consistent with previous 341 modeling work on TBS, which highlights the critical role of pulse count in determining excitatory or 342 inhibitory outcomes. According to the calcium-dependent plasticity (CaDP) model⁵⁵, synaptic changes are 343 governed by intracellular calcium dynamics, with different calcium levels leading to either long-term 344 potentiation (LTP) or long-term depression (LTD). Under this model, the standard 600-pulse iTBS protocol 345 typically produces canonical increases in excitability. However, for pulse counts lower or higher than this— 346 such as 300 or 1200 pulses-the model predicts a reversal of these effects, favoring inhibitory outcomes instead⁵⁶ - consistent with prior experimental results on motor system plasticity effects with variable 347 348 protocol lengths⁵⁷. In our trial, participants received 1200 pulses per day and, interestingly, despite the high 349 total pulse count, we observed post-treatment inhibition in responders. This suggests that inhibitory 350 outcomes may still emerge under high-dose protocols, potentially due to individual differences in calcium 351 dynamics, cortical state, or metaplasticity mechanisms. These factors, including the temporal spacing of 352 stimulation, could modulate synaptic plasticity in complex and nonlinear ways. Altogether, this suggests 353 that individual differences in the direction of synaptic change are influenced by both the pulse count and 354 individual physiology, such as the phase of calcium oscillations during stimulation, cortical structure, or 355 genetic factors affecting neuronal excitability.

Taken together, these results suggest that the observed alterations in inhibitory synaptic weight, coupled with the shift in E/I balance following successful iTBS treatment, reflect a potential mechanism underlying the therapeutic efficacy of iTBS in depression. Specifically, the increase in inhibitory activity posttreatment in responders may contribute to the restoration of the disrupted E/I balance associated with MDD pathology. Consistent with this, lower levels of mGluR5 (metabotropic glutamate receptor 5)⁵⁸ expression in the prefrontal cortex, particularly in Brodmann's area 10, have been observed in depressed patients⁵⁹, potentially contributing to disrupted E/I balance in these regions. This highlights the importance of

363 considering the neurophysiological mechanisms involved in E/I balance regulation when understanding and 364 predicting individual responses to neuromodulatory interventions like iTBS. Furthermore, these findings 365 underscore the promise of integrating computational modeling with empirical data to unravel the complex 366 dynamics of brain stimulation therapies. The data-driven discovery in the present study of a relationship 367 between pre-iTBS inhibitory feedback loops and clinical outcomes, coupled with post-treatment increases 368 in inhibitory activity in responders, suggests that inhibitory synaptic changes may play a decisive role in 369 determining treatment success. This insight could inform the development of personalized treatment 370 strategies for depression and related neuropsychiatric conditions, where specific biomarkers, such as E/I 371 balance, guide individualized interventions. It is important to highlight that the number of pulses required 372 for changes in cortical excitability following iTBS may vary between individuals, depending on how TMS 373 interacts with excitatory cortical populations and metaplastic mechanisms. Structural differences in brain 374 convolutions or genetic variations in physiology may cause the same stimulation protocol to activate 375 different groups of neurons across individuals. This variability, combined with the observation from prior experimental⁵⁷ and modeling⁵⁶ work and consistent with our own results that 1200 pulses lead to inhibition, 376 377 aligns with the idea that adjusting the number of pulses or TMS intensity could minimize differences in 378 treatment response. By identifying and understanding the physiological elements that most influence TMS 379 response, we may be able to develop personalized models that optimize stimulation parameters. These 380 models would allow for the tailoring of clinical treatments to an individual's neurophysiological profile, 381 ultimately enhancing therapeutic outcomes for depression and other neuropsychiatric disorders. In this way, 382 combining computational models with empirical data offers a powerful approach for refining 383 neuromodulation techniques and improving the precision of brain stimulation therapies.

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385 Emergence of therapeutically optimal brain states

386 Furthermore, one of the key advantages of physiologically-based brain modelling is the potential for making 387 meaningful connections between major empirical data features and the physiological constructs instantiated 388 in the model's states. Our models revealed that a specific brain state, expressed as an eigenvector loading 389 over brain regions and a corresponding scalp topography at the EEG channel level (Fig. 3A), was predictive 390 of the difference in clinical outcomes between responders and non-responders. Notably, the left DLPFC 391 and left sgACC in this brain state exhibited eigenvector loadings of opposite sign. The sgACC is a region 392 positioned at the anterior-inferior end of the cingulum bundle, with extensive connections across prefrontal and limbic structures that have been implicated in depression⁶⁰, and has been linked to clinical response 393 across a diverse range of antidepressant treatment modalities⁶¹⁻⁶³. Recent studies have shown that 394 395 antidepressant outcomes were better when stimulation was delivered at sites of the DLPFC that displayed stronger negative (anticorrelated) FC with the sgACC²⁴, a finding that has been replicated across 3 396

397 geographically distinct clinical cohorts, different populations, methodologies, scanners, stimulators, and DLPFC targeting approaches²²⁻²⁵. Moreover, a 60% to 70% reduction in depressive symptoms occurred 398 399 when individuals were stimulated near the DLPFC site of maximal FC anticorrelation with sgACC, while those stimulated farther away showed no response or worsening of depressive symptoms²³. The fact that 400 401 similar topographic maps to these fMRI sgACC anticorrelation patterns were obtained from our brain 402 network model of TMS-EEG responses in MDD patients is an intriguing and unanticipated result. Our 403 temporal analysis of sgACC activation dynamics (Fig. 3C) showed significantly higher sgACC engagement 404 patterns in responders compared to non-responders at baseline, prior to iTBS intervention. This finding 405 aligns with the therapeutic mechanism of iTBS, which aims to modulate sgACC activity through stimulation of the DLPFC^{64,65}. This suggests that patients with more robust sgACC engagement pre-iTBS 406 407 may possess the necessary neurophysiological substrate for effective modulation via DLPFC stimulation. 408 This observation supports the network-based conceptualization of iTBS efficacy, where the primary target 409 (DLPFC) serves as an entry point to influence deeper limbic structures, particularly the sgACC, through 410 existing functional connections. Moreover, these findings extend our understanding of the DLPFC-sgACC 411 relationship beyond static connectivity patterns to include the dynamic temporal characteristics of sgACC 412 recruitment. The significantly higher normalized sgACC engagement in responders suggests that pre-413 treatment sgACC excitability may be a crucial determinant of iTBS efficacy. This could explain why 414 stimulation of DLPFC regions with stronger negative functional connectivity to sgACC yields better clinical outcomes^{23,24,45} - these connections may facilitate more effective modulation of an already 415 416 sensitized sgACC in treatment-responsive individuals.

417 Our neural trajectory analysis (Fig. 4) provides compelling evidence that successful iTBS treatment alters 418 the dynamics of cortical circuits in a way that distinguishes responders from non-responders. The three-419 dimensional visualization of neural trajectories reveals that while both groups initially exhibit similar 420 dynamics pre-treatment, responders show a marked trajectory contraction post-iTBS, suggesting increased 421 stability in their attractor dynamics (Fig. 4A). This stabilization is quantified by the significantly greater 422 trajectory shifts in responders (Fig. 4B) and their consistently closer adherence to the fixed point attractor 423 following treatment (Fig. 4C).

These findings suggest that iTBS may exert its therapeutic effects by reconfiguring the dynamical landscape of prefrontal-limbic circuits, potentially restoring a more stable, less chaotic pattern of neural activity. The greater magnitude of trajectory reorganization in responders indicates that a substantial shift in neural dynamics may be necessary for clinical improvement. Simultaneously, the closer proximity to the attractor point post-treatment suggests that effective iTBS therapy creates a more stable neural state that is less susceptible to perturbations—a characteristic that may contribute to symptom relief by dampening the excessive reactivity often observed in depressive states^{66,67}.

This dynamical systems perspective complements our findings regarding E/I balance and sgACC-DLPFC interactions, providing a more comprehensive framework for understanding iTBS efficacy. The ability of iTBS to induce meaningful reconfiguration of attractor dynamics appears to be a critical determinant of treatment response, potentially serving as another neurophysiological signature that could guide personalized neuromodulation approaches.

436

437 Limitations and future directions

438 Despite our promising findings, several limitations should be acknowledged. First, our computational 439 model, while detailed, necessarily represents a simplification of the complex neural dynamics underlying 440 TMS responses. The Jansen-Rit neural mass formulation captures population-level activity but cannot 441 resolve cellular-level mechanisms, or mechanisms extending beyond the minimal JR three-population 442 circuit that may be relevant to iTBS effects. Second, our structural connectivity data was derived from a 443 normative dataset rather than subject-specific tractography, which may not fully capture individual 444 variations in anatomical connections relevant to treatment response. Third, the 1200-pulse iTBS protocol used in this study differs from the standard 600-pulse protocol commonly used in clinical settings, 445 446 potentially limiting direct comparison with other clinical studies. Fourth, while our approach identified 447 significant associations between model parameters and clinical outcomes, the causal relationship between 448 these parameters and therapeutic effects requires further experimental validation. Fifth, the absence of a 449 sham control condition in our study design limits our ability to distinguish between specific 450 neurophysiological effects of iTBS and non-specific factors such as placebo effects or natural disease 451 fluctuations. Sixth, our analyses focused primarily on prefrontal-subgenual interactions and cortical E/I 452 balance, but other neural circuits and mechanisms not captured in our model may also contribute to 453 treatment outcomes. Finally, although our sample size was substantial for a TMS-EEG study, larger and 454 more diverse patient cohorts would be valuable to validate the generalizability of our findings across 455 different TRD populations. Future studies combining longitudinal TMS-EEG with individualized 456 connectivity measures, sham controls, and more sophisticated computational models could address these 457 limitations and further refine our understanding of the neurophysiological mechanisms underlying iTBS 458 efficacy

In conclusion: our results, and the framework for investigating the scientific questions we are introducing here, not only enhance our understanding of the therapeutic mechanisms of iTBS, but also highlight the potential for developing neurophysiologically-informed biomarkers to guide personalized neuromodulation treatments. As computational psychiatry continues to evolve, the integration of biophysically-based modeling with multimodal neuroimaging promises to transform our approach to treatment-resistant depression, moving toward precision interventions tailored to individual neural dynamics. Future work

- 465 building on these findings could lead to optimized stimulation protocols that maximize clinical benefits by
- 466 targeting specific neurophysiological mechanisms, ultimately improving outcomes for patients with this
- 467 debilitating condition.

468 CONCLUSION

- 469 Our study demonstrates that successful iTBS treatment for depression is characterized by two key
- 470 neurophysiological mechanisms: enhanced inhibitory control (evidenced by greater reductions in low-
- 471 frequency oscillatory power and increased $I \rightarrow P$ connectivity) and specific pre-treatment frontolimbic
- 472 connectivity patterns between DLPFC and sgACC. These findings advance our understanding of how
- 473 neuromodulation alters brain circuit dynamics in treatment-resistant depression, suggesting potential
- 474 predictive biomarkers and opening avenues for personalized TMS interventions.

475 METHODS

The analyses conducted in the present study consist of four main components: (i) EEG preprocessing and calculation of TMS stimulation-evoked responses, (ii) construction of anatomical connectivity priors for our computational model using diffusion-weighted MRI tractography, (iii) simulation of whole-brain dynamics and stimulation-evoked responses with a connectome-based neural mass model, and (iv) fitting of the model to individual-subject scalp EEG data, statistical comparisons of the resultant estimated physiological parameters alongside other clinical variables, and further analysis of simulated activity properties. A schematic overview of the overall approach is given in Fig. 5.

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486 Fig. 5. Overview of study design and methodological workflow for subject-specific connectome-based whole-487 brain modeling of TMS evoked potentials. (A) Single-pulse TMS-EEG evoked responses and HRSD-17 depression 488 scale were recorded before and after 30 days' rTMS iTBS therapy. The iTBS protocol consisted of daily treatment for 489 6 weeks (30 sessions, 5 days/week) applied over the L-DLPFC, with 1200 total pulses delivered per day. For further 490 details on the data collection and EEG preprocessing methodology see Strafella et al. (2023)⁴². (B) Diffusion-weighted 491 MRI tractography was computed from a sample of healthy young individuals from the HCP Dataset⁶⁸, and then 492 averaged to give a grand-mean anatomical connectome. (C) The Jansen-Rit model³⁸ was embedded was embedded in 493 each of the 200 nodes of the Schaefer atlas⁶⁹ for simulating and fitting neural activity time series. The TMS-induced 494 depolarization of the resting membrane potential was modeled by a perturbing voltage offset to the mean membrane 495 potential of the pyramidal cell. (D) A lead field matrix was then used for moving the parcels' time series into channel 496 space and generating simulated TMS-EEG. (E) The goodness-of-fit (loss) was calculated between simulated and 497 empirical TMS-EEG time series. (E) Utilizing the autodiff-computed gradient⁷⁰ between the objective function and 498 model parameters, model parameters were optimized using the ADAM algorithm⁷¹. (F) Finally, the optimized model

499 parameters were used to generate the fitted, simulated TMS-EEG activity, for which we report comparisons with the 500 empirical data at both the channel and source level using conventional statistical techniques.

501

502 Recruitment and trial design

503 As part of a triple-blind randomized controlled trial conducted at the Centre for Addiction and Mental 504 Health, University Health Network, and the University of British Columbia, 90 participants from these sites 505 underwent TMS-EEG assessments both at baseline and after an iTBS treatment (clinicaltrials.gov identifier NCT02729792)⁷². Eligibility criteria included being between the ages of 18 and 59, meeting the MDD 506 507 diagnosis criteria based on the Mini-International Neuropsychiatric Interview, having a baseline HRSD-17 508 score of 18 or higher (indicating moderate-to-severe depression), maintaining stable psychotropic 509 medications for at least 4 weeks prior to screening, and either failing to respond to one adequate 510 antidepressant trial or being unable to tolerate two different antidepressant trials. This recruitment approach 511 specifically targeted patients with treatment resistance, a population with significant unmet clinical need. 512 The study was approved in accordance with the Declaration of Helsinki, and all participants provided 513 written informed consent. For details regarding the patient recruitment, the data acquisition and the 514 preprocessing steps, and the iTBS protocol, please refer to our paper⁴² and supplementary materials. All the preprocessed EEG analyses in the present work were performed using the MNE software library⁷³ 515 516 (mne.tools/stable/index.html) running in Python 3.6.

517

518 Overview of computational modelling approach

519 In our study, we employed a WBM approach to analyze pre- and post-iTBS EEG data from a cohort of 90 520 patients with MDD. This model incorporated 200 distinct cortical regions based on the Schaefer 200-parcel, 7-network atlas⁶⁹, connected with a set of inter-regional weights derived from the anatomical connectome. 521 522 These connectivity weights were obtained by averaging diffusion MRI tractography data from 400 subjects in the Human Connectome Project (HCP) dataset⁶⁸. Jansen-Rit (JR) neural mass dynamics³⁸ at each 523 524 modeled region described the process of stimulated activation and damped oscillatory responses resulting 525 from local interactions within cortical microcircuits, with these effects propagating to regions distal to the 526 stimulated site via the anatomical connectome. After specifying its structure and a common set of priors for 527 all parameters, the model was fit to EEG data separately for each patient. This resulted in a set of 528 individualized physiological and connectivity parameters, having a mechanistic causal influence on several 529 spatial and temporal features of the brain stimulation response, which we subsequently interrogated to 530 obtain further insight into our research questions around possible differences between patients who reported benefits from iTBS and those who did not. For details regarding the computational model and the estimation 531 of parameters, please refer to Momi et al.^{35,36} and supplementary material and methods. For a graphical 532 533 overview of all optimized parameter distributions, please refer to Supplementary Fig. S1.

534

535 Assessing the similarity between simulated and empirical evoked responses

To further assess the goodness-of-fit the simulated waveforms arrived at after convergence of the ADAM algorithm⁷¹, Pearson correlation coefficients and corresponding p-values between empirical and modelgenerated waveforms were computed for each subject. To control for type I error, this result was compared with a null distribution constructed from 1,000 time-wise random permutations, with a significance threshold set at p<0.05. For an overview of the goodness-of-fit between simulated and empirical TMS-EEG data, including representative butterfly plots and correlation distributions across subjects, please refer to Supplementary Fig. S2.

543

544 Stimulus-induced spectral power analyses

For each subject's pre-iTBS and post-iTBS recordings, we computed stimulus-induced spectral power across frequencies from 2 Hz to 50 Hz, analyzing differences attributable to iTBS treatment. A Morlet wavelet was created for each frequency of interest and convolved with hd-EEG data for each channel. We then calculated the power spectrum, applied a logarithmic transformation, and averaged these power values across trials within the defined analysis window (0–300 ms), selected to capture the primary induced response. For relative power, values were normalized to baseline power calculated over a baseline window of -300 to 0 ms.

552 Post-iTBS versus pre-iTBS comparisons were performed for each subject using condition-wise permutation 553 testing and cluster-based thresholding for multiple comparisons. Specifically, the permutation test 554 converted the difference between induced and baseline windows into z-scores, based on a null distribution 555 generated by 1,000 permutations with random window label swaps. These z-scores were thresholded at p 556 < 0.05. An additional 1,000 iterations of the permutation test yielded a distribution of cluster sizes under 557 the null hypothesis, identifying time-frequency clusters exceeding the 95th percentile for significance. 558 Finally, we obtained the subject- and session-specific stimulus-induced spectral power by averaging across 559 channels. For an overview of the group-level TMS-induced spectral power changes following iTBS 560 treatment for responders and non-responders, please refer to Supplementary Fig. S3. To compare 561 responders and non-responders, we performed a second-level statistical analysis. The significant z-score 562 maps from the first-level analysis were grouped by treatment outcome, and differences between responders 563 and non-responders were assessed using another permutation test (1,000 iterations) with cluster-based 564 correction (Fig. 1A). This hierarchical statistical approach allowed us to identify spectro-temporal patterns 565 that significantly differed between treatment outcome groups while controlling for multiple comparisons at 566 both the individual and group levels.

567 A key advantage of physiologically-based brain modeling is its ability to link key empirical data features 568 with physiological constructs represented by the model's parameters. In this study, we leveraged this 569 approach by investigating the relationship between the significant clusters in the stimulus-induced time-570 frequency spectral power maps and the physiological parameters of the Jansen-Rit model (Fig. 1B). To 571 conduct this analysis, we focused on significant clusters within the stimulus-induced power spectra, which 572 represents frequency ranges where iTBS-induced changes were most prominent. For each subject, we 573 extracted the average spectral power values from this significant region and computed the difference 574 between post-iTBS and pre-iTBS values. This subtraction (post-iTBS minus pre-iTBS) allowed us to 575 quantify the degree of iTBS-induced modulation within the significant spectral region. This approach 576 enabled us to explore direct associations between spectral power changes and underlying physiological 577 mechanisms modeled in the Jansen-Rit framework (Fig. 1C, 1D & 1E), offering insights into the neural 578 dynamics influenced by iTBS.

579

580 Evaluation of iTBS-induced changes in physiological model parameters and E/I balance

581 We investigated the effects of iTBS treatment on several key JR model parameters associated with synaptic 582 dynamics and connectivity (Fig. 2A & 2B). The parameters analyzed were the synaptic time constant of the 583 excitatory population (a), the synaptic time constant of the inhibitory population (b), and the synaptic 584 weights for pyramidal-to-excitatory (c1), excitatory-to-pyramidal (c2), pyramidal-to-inhibitory (c3) and 585 inhibitory-to-pyramidal (c4) populations. The c1-c4 labels are the standard notation used for JR model, 586 however as more intuitive shorthand we also use the substitutions $P \rightarrow E$, $E \rightarrow P$, $P \rightarrow I$, and $I \rightarrow P$ for c1, c2, 587 c3, and c4, respectively. As an additional summary of the physiological and dynamical state of each 588 subject's pre- and post-iTBS brain activity, we also explored excitatory-inhibitory (E/I) balance (Fig. 2C), 589 defined as [c1*c2]/[c3*c4] (i.e. the ratio of the combined gains of the JR excitatory and inhibitory feedback 590 loops), where the c parameters were first mean-normalized across all participants to ensure comparability 591 across conditions. Specifically, for each parameter (c1-c4), we calculated the mean value across all 592 participants and all conditions (pre-iTBS and post-iTBS), then divided each individual subject's parameter 593 values by this global mean. This normalization ensures that all parameters contribute proportionally to the 594 E/I ratio based on their relative values rather than being dominated by parameters with larger absolute 595 magnitudes. Statistical analyses on estimated model parameters were performed using R-Studio Version 596 2024.04.2+764. For each of the JR parameters and the composite E/I balance metric, we conducted a series 597 of 2x2 repeated measures ANOVAs with "time" (two levels: pre-iTBS and post-iTBS) as a within-subject 598 factor and "group" (two levels: responders and non-responders) as a between-subject factor. This approach 599 allowed us to assess how treatment and time interacted to affect the specified physiological parameters.

600 Additionally, post-hoc paired t-tests were employed to detect changes in parameter values from pre-iTBS

- 601 to post-iTBS for both responders and non-responders.
- 602

603 Predicting iTBS clinical outcome using model-derived Hidden Brain States

604 We employed a systematic approach to investigate the relationship between model-derived brain states and 605 clinical response to iTBS. First, we extracted the time series of TMS-evoked activity (-100-300ms) from 606 the optimized JR model for each of the three neuronal populations (pyramidal cells, excitatory interneurons, 607 and inhibitory interneurons), for all 200 cortical regions. For each subject, we then concatenated these three 608 arrays in time and performed dimensionality reduction using singular value decomposition (SVD), 609 obtaining principal components representing dominant spatiotemporal patterns of neural activity.

Using these pre-treatment components, we applied mean-centered PLS analysis^{74,75} to identify brain states 610

611 that maximally discriminate between responders and non-responders (Fig. 3A). This multivariate statistical

612 approach identifies latent variables (brain states) that maximize the covariance between neural activity

613 patterns and group membership, while accounting for within-group variability. Statistical significance was 614 assessed through permutation testing (5,000 permutations), randomly reassigning subjects to groups to

- 615 establish a null distribution. The reliability of regional contributions to the discriminative brain states was
- 616 evaluated using bootstrap resampling (1,000 samples).

617 To visualize how the identified brain states differentiated between responders and non-responders, we 618 specifically examined the relationship between loadings in the DLPFC (stimulation target) and sgACC (key 619 region implicated in depression pathophysiology) for each subject (Fig. 3B). This approach allowed us to 620 quantify the expression of the treatment-predictive brain state pattern at the individual subject level and 621

identify neurophysiological signatures that may serve as biomarkers for treatment response.

622 For temporal dynamics analysis, we extracted normalized activation time courses of the sgACC from the 623 model for each subject (Fig. 3C). Again, these time courses represented the model-predicted neural response 624 to stimulation, measured from -100 ms pre-stimulation to 300 ms post-stimulation. We calculated group-625 averaged time courses for responders and non-responders separately, with shaded regions representing 626 standard error of the mean. Statistical comparison between groups was performed using cluster-based 627 permutation testing to identify time windows with significant differences while controlling for multiple 628 comparisons.

629 To quantify the overall sgACC engagement differences between groups, we calculated the AUC of 630 normalized sgACC activation for each subject (Fig. 3D). AUC values were normalized to account for 631 individual differences in baseline activity. Group differences in AUC values were assessed using 632 independent samples t-tests, with significance set at p < 0.05. Violin plots were used to visualize the

distribution of AUC values in each group, with individual data points overlaid to show subject-levelvariability.

635

636 Neural trajectory analysis in model-derived state space

637 To visualize and quantify changes in brain dynamics induced by iTBS, we analyzed the neural trajectories 638 in the three-dimensional state space of the JR neural mass model (Fig. 4A). For each group (responders and 639 non-responders) and session (pre- and post-iTBS), we constructed state-space trajectories using the activity 640 of the three neural populations in the model: pyramidal neurons, excitatory interneurons, and inhibitory 641 interneurons. This approach allowed us to examine how the neural dynamics evolve over time in response 642 to stimulation and how these dynamics are altered by iTBS treatment. The reconstructed trajectories were 643 normalized using the group-averaged singular vectors and singular values. To compare dynamics across 644 conditions, we plotted the reconstructed trajectories in 3D space and quantified their geometric properties 645 using two complementary metrics. First, we computed point-wise Euclidean distances between post-iTBS 646 and pre-iTBS trajectories within each group (Fig. 4B), capturing the degree of treatment-induced deviation 647 in neural state space. Second, we computed point-wise Euclidean distances from the fixed point attractor 648 for each post-iTBS trajectory (Fig. 4C). To calculate this fixed point, we numerically identified where the 649 model's differential equations equal zero using each subject's fitted parameters, testing a large number of 650 potential values and computing the Jacobian matrix to confirm stability. These distances reflect the stability 651 of the dynamical system, where smaller distances indicate a tighter convergence toward the attractor and 652 reduced sensitivity to perturbations (e.g., TMS pulses).

653 Statistical differences between responders and non-responders were assessed by comparing the average
654 Euclidean distance curves using a two-sample non-parametric permutation test (1,000 iterations),

performed separately for Fig. 4B and 4C. Group-level time-series distances were summarized by their AUC,

and the null distribution was generated by randomly permuting group labels to test the hypothesis that iTBS

alters attractor geometry more strongly in responders than in non-responders.

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